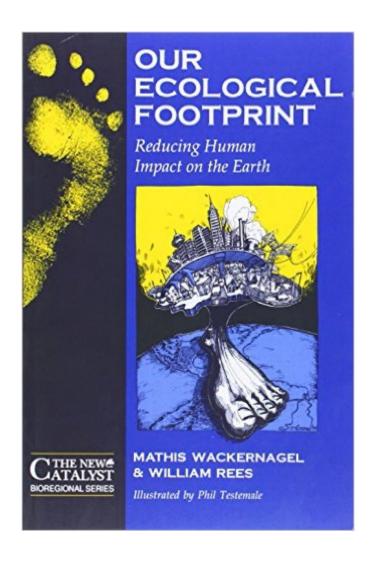
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# Our Ecological Footprint: Reducing Human Impact On The Earth (New Catalyst Bioregional Series) (Paperback)





# Synopsis

An excellent handbook for community activists, planners, teachers, students and policy makers.

#### **Book Information**

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### **Customer Reviews**

This book is about the environmental costs that humans have on our planet, especially those humans living in developed countries. The authors contend that we are using up the resources of the planet at an astounding rate, such that little will be left for generations of the future. In other words, our present lifestyle is unsustainable. The authors argue that a measure of sustainability can be calculated by adding up the resources used by a group of people, and translating this to area on the earth, which yields roughly the total amount of land needed by the group to live sustainably, or their "ecological footprint". They point out that people in developed countries tend to have much larger ecological footprints than those in developing countries, but even amongst developed countries, there are large differences, and that Americans have huge ecological footprints compared to people from most other countries. In fact, in order for everyone on Earth to live as Americans do, it would require several additional planets to provide the resources and disposal space for waste. The beginning chapters of the book define sustainability and the concept of ecological footprint. They also argue that our present practices are not sustainable. In the third chapter, we find the general idea of how an ecological footprint can be calculated, and the types of resources that need to be accounted for. The authors also run through a few examples of how footprints can be calculated on a nation by nation basis. They don't claim to have developed a conclusive method for

calculating ecological footprints, especially on an individual basis, though they invite interested readers to do so on their own (there are numerous suggestions for how to do so on the Web).

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